

## TENNIS PROGRAMS

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**All classes:** Students must provide their own racquet & an unopened can of tennis balls!  
**Make Up Policy:** Up to 2 classes will be made available due to inclement weather.

#### ELEMENTARY - LEVEL 1

An introduction to basic tennis skills. Simple structure for the forehand, backhand & serve with emphasis on stationary movement. Designed for ages 5-12 years old.  
 Location: Mission Viejo High School Tennis Courts

Fee: \$50/4 weeks

47195	Sat	Jan 09	8:00 - 9:00 AM
47206	Sat	Jan 09	9:00 - 10:00 AM
47196	Sat	Jan 09	10:00 - 11:00 AM
47202	Sat	Feb 20	8:00 - 9:00 AM
47207	Sat	Feb 20	9:00 - 10:00 AM
47210	Sat	Feb 20	10:00 - 11:00 AM
Location: Laguna Hills High School Tennis Courts			
47198	Sat	Jan 09	8:00 - 9:00 AM
47205	Sat	Feb 20	9:00 - 10:00 AM
Location: Trabuco Hills High School Tennis Courts			
47208	Sat	Jan 09	9:00 - 10:00 AM
47209	Tue	Jan 12	6:00 - 7:00 PM
47201	Tue	Jan 12	7:00 - 8:00 PM
47197	Thu	Jan 14	6:00 - 7:00 PM
47199	Sat	Feb 20	9:00 - 10:00 AM
47203	Tue	Feb 23	6:00 - 7:00 PM
47204	Tue	Feb 23	7:00 - 8:00 PM
47200	Thu	Feb 25	6:00 - 7:00 PM

#### ELEMENTARY - LEVEL 2

Continuation of skills with an introduction into simple movement drills. Designed for ages 5-12 years old.  
 Location: Laguna Hills High School Tennis Courts

Fee: \$50/4 weeks

47374	Sat	Jan 09	9:00 - 10:00 AM
47373	Sat	Jan 09	10:00 - 11:00 AM (Lev 2&3)
47366	Sat	Feb 20	9:00 - 10:00 AM
47359	Sat	Feb 20	10:00 - 11:00 AM (Lev 2&3)
Location: Trabuco Hills High School Tennis Courts			
47368	Sat	Jan 09	8:00 - 9:00 AM
47371	Thu	Jan 14	7:00 - 8:00 PM
47369	Sat	Feb 20	8:00 - 9:00 AM
47372	Thu	Feb 25	7:00 - 8:00 PM
Location: Mission Viejo High School Tennis Courts			
47375	Sat	Jan 09	11:00 AM - 12:00 PM
47358	Sat	Feb 20	11:00 AM - 12:00 PM

#### ELEMENTARY - LEVEL 3

Continuation of skills with an introduction of volleys and overheads with additional movements and drills. Designed for ages 5-12 years old.

Location: Trabuco Hills High School Tennis Courts

Fee: \$50/4 weeks

47459	Mon	Jan 11	6:00 - 7:00 PM
47461	Mon	Feb 22	6:00 - 7:00 PM

### TENNIS DRILL & INSTRUCTION

Continuation of skills with an introduction of volleys and overheads with additional movements and drills. Designed for ages 10-17 years old.

Location: Trabuco Hills High School Tennis Courts

Fee: \$50/4 weeks

47464	Wed	Jan 13	6:00 - 7:00 PM
47466	Wed	Jan 13	7:00 - 8:00 PM
47465	Wed	Feb 24	6:00 - 7:00 PM
47467	Wed	Feb 24	7:00 - 8:00 PM
Fee: \$62/4 weeks 1 1/2 hour class			
47583	Sat	Jan 09	10:00 - 11:30 AM
47584	Sat	Feb 20	10:00 - 11:30 AM

### TENNIS JR. TOURNAMENT

One day tournament.

Location: Trabuco Hills High School Tennis Courts

Fee: \$62/4 weeks 1 1/2 hour class

47581	Sat	Jan 09	12:00 - 1:30 PM
47582	Sat	Feb 20	12:00 - 1:30 PM

### ADULT BEGINNING TENNIS

Instruction will cover basic forehand, backhand & serves with the volley & overhead optional. Fundamental grips will be developed & basic game strategy with rules will be covered.

Location: Trabuco Hills High School Tennis Courts

Ages: 13 - Adult

Fee: \$50/4 weeks

47589	Mon	Jan 11	7:00 - 8:00 PM
47590	Mon	Feb 22	7:00 - 8:00 PM
Location: Mission Viejo High School Tennis Courts			
47585	Sat	Jan 09	12:00 - 1:00 PM
47586	Sat	Feb 20	12:00 - 1:00 PM
Location: Laguna Hills High School Tennis Courts			
47587	Sat	Jan 09	11:00 AM - 12:00 PM
47588	Sat	Feb 20	11:00 AM - 12:00 PM

### ADULT INTERMEDIATE TENNIS

Previously completed beginner or knowledge of beginner basics. Continuation of skills while adding more stroke production & court placement. Development of new strokes such as overheads & drop shots.

Location: Trabuco Hills High School Tennis Courts

Ages: 13 - Adult

Fee: \$50/4 weeks

47591	Tue	Jan 12	8:00 - 9:00 PM
47592	Tue	Feb 23	8:00 - 9:00 PM

### ADULT TOURNAMENT PREP.

Learn how the skills needed to prepare for a tournament.

Location: Trabuco Hills High School Tennis Courts

Ages: 13 - Adult

Fee: \$50/4 weeks

47593	Wed	Jan 13	8:00 - 9:00 PM
47594	Wed	Feb 24	8:00 - 9:00 PM